

MBC Rowing Rules 2024

1. The foremost consideration for rowing at the MBC shall be the **SAFETY** of both people and equipment. All rowers **MUST sign a waiver** (before going on the water) that they abide by these Rowing Rules of the MBC and that his/her safety is entirely a matter of his/her responsibility. Waiver forms are available at the bar.
2. All rowers and coxes **must be able to swim at least 50m** unaided in rowing attire and provide proof of ability if so requested by the Boat Captain.
3. All rowers should exercise care in handling equipment; **damage to any equipment (cost of replacement) shall be completely born by the user/s of the equipment.** In this respect please refer to the specific rule in 4 and 5 below. All accidents as well as any damages, including minor damages to oars, seats etc., must be logged in the Boat Damage Logbook and promptly reported to the Boatman and Boat Captain (in writing) and the users should arrange for repairs and replacement of the equipment.
4. **No rower is permitted to use light boats without the permission of the Boat Captain.** Refer to the list of rowers and the type of boats that they are permitted to use. Any rower should not use any boat that the boatman does not recommend to use. The boat should be rowed in an open area where there is no structure or obstacle that the boat or oars may hit. Coxless boats in particular should check the course often so that they do not run into stationary barges, floating logs, lilies, riverside structures, abrupt ground etc.
5. **When Rowing UPSTREAM** boats should stay close to the Makati bank. **When Rowing DOWNSTREAM** boats should stay close to the Mandaluyong bank.
6. Care is essential in handling boats off the water. **Make sure there are enough personnel to lift and hold the boat before moving it toward the clubhouse. Never rest a boat on the ground. Wash boats and oars with clean water after rowing and before placing in the boathouse.**
7. Wear appropriate clothing, preferably **MBC rowing shirts** or a white shirt. Men should wear a shirt or singlet when rowing. In no circumstances should any rower (or member/guest) row or walk around in the open area of Club shirtless.
8. **No rower or coxswain should drink alcohol before rowing. Smoking is prohibited except in the clubhouse.**
9. **Cleanliness of the grounds is essential.** Do not litter on the premises. Leave grounds cleaner than when you arrived. Do not leave empty bottles on boathouse structures; dispose of them in the bar upstairs or in litter cans near the boathouse area.
10. **Always ensure that the main gate remains shut.** This is to keep trespassers off the premises.
11. **All rowers should enter the Rowing Log correctly BEFORE going rowing clearly showing the name of the crew and the boat taken out. The mileage should be entered upon return.** The log is located at the Boathouse or at the bar once rowing is finished for the day.

**Please ensure ALL Chits are signed and Coxing fees paid,
BEFORE leaving the premises.**